

## **Fillings Post Operative Instructions**

The new filling you have is ready for chewing, however, be careful with the anesthetic. Your tongue and cheeks are numb and you may bite on them and not know it. (This is especially true with children. Remind them not to bite on their tongue until it wakes up)

With new fillings, they are sometimes sensitive to cold for 3-5 days. If this sensitivity should last longer than that time, please seek out your dental professional at Valley View Dental.

When the anesthetic leaves the teeth, if you should happen to notice the bite feeling *not right* or *high*, please call us to have this corrected immediately.